

## About “ISHA: She Will be Called”

Published in November 2021, "Isha: She Will Be Called," is the first instalment in a book series about women, for women, and by women. An eclectic collection of exposé, storytelling and creative writing by Becky Thomas and members of the artistic guild, Hummingbird Circle, it celebrates the making of the First Grandmother, Isha, also known as Eve. Isha seeks to answer questions such as: "Why was Isha made?" "What, if anything went wrong?" "Is there any hope of her being restored?" and "How does her story intersect with mine?" A book that can be proudly displayed on a coffee table or prominent shelf, it contains 23 full page original paintings as well as photos and drawings. "Isha: She Will Be Called" is meant to be cherished for many years to come by the women you love most.

The Book will be available for purchase at the retreat, online through [Amazon](https://www.amazon.com), [www.hummingbirdcircle.com](http://www.hummingbirdcircle.com), and at McNally Robinson Bookstore in Saskatoon.



Jodi Kozaan

[www.jodikozaan.com](http://www.jodikozaan.com)

"Restoration: Heart-Family-World"

Jodi is the founder of Women's Journey of Faith and Hope Restored Canada. She is passionate about the Journey to Restoration and blogs on that theme. She recently finished her seminary degree and enjoys hosting retreats and leading others on their personal journeys, writing and sharing from her experiences. As a wife to Tim, mom, and grandmomma, she is excited to feature Becky and promote the Hummingbird Circle as they launch their ministry and book "Isha" this year!



Becky Thomas

"Telling Our Stories,  
Singing Our Songs"

[www.hummingbirdcircle.com](http://www.hummingbirdcircle.com)

Becky is founder of Hummingbird Circle, a group existing to encourage women to discover the value of their voice and story, and ways to make it heard in future generations. Her award-winning music is found on itunes and other media platforms. Mom and nana, Thomas loves waltzing the prairies with her husband of many moons, Larry.



## Because you Matter: *A Celebration of Women's Voices*

**When: February 4-6th 2022**  
(Friday night 7pm- Sunday 1pm)

A women's retreat hosted at  
Courts of Praise Church  
2333 Herman Ave Saskatoon, SK



*"You have a story, we want to help you tell it. Discover the intrinsic value of your voice and the golden threads that make it so."*

*-Hummingbird Circle Vision*


Join Retreat Leader Jodi Kozan and Becky Thomas (Author and Founder of Hummingbird Circle) in an enriching retreat weekend for women!



### Session 1: "I Am Isha" (Friday evening)

Who are we as women, and why do we matter? Knowing who we are, why we exist, and finding our mission and vision leads to confidence, acceptance and joy, granting the ability to give from a full cup rather than last week's coffee grounds. Join the members of the Hummingbird Circle as they walk you through their own journeys of building personal "I Am" statements based off encounters with the Life Giver and Creator.

Breakout: Each woman will have time allotted to begin to build her own "I Am" statements.



### Session 2: "Golden Threads & Silver Linings" (Saturday morning)


What questions do you wish you could ask your Grandparents? Do you wish you knew them enough to celebrate their achievements and discover the silver linings that kept them journeying even through the storms of life? Could you have gleaned important tips from them, such as how to survive a pandemic, live off the land or even make Grandpa's favourite recipes?

Many of us have no idea how our existence impacts others, especially in the long-term. We do not realize that knowledge of our experiences, ways of doing or thinking about things could be needed or even cherished by those who come after us. This session will teach you how to weave the golden threads of your own personal history into a legacy of value for generations to come.

Breakout: Each woman will be given time to create a story map.

### Session 3: Workshops (Saturday afternoon)

- Legacy Coaching Session (Includes art expressions including creative journaling.)
- Prayer Walk/ Free Time (See speaker websites under "events" for more details.)



### Session 4: "Finding The Gemstones" (Saturday evening)

Have you ever felt stuck in your story, wishing it could be rewritten or even relived? Perhaps you have gaps in your story, or have parts that are so dark you don't ever want to expose them to the light of day? Come and discover how those sections can be redeemed without opening up further trauma. This session is not only helpful for processing our own stories, but can serve as a guide to help others in our family and friend circles.

### Session 5: Story Song Cafe Celebration (Sunday morning)

The retreat will conclude with a time of celebration, participants are welcomed to join the presenters in bringing a story, poem, song, dance, art or other creative expression. This can be prepared ahead of time, or created at the retreat itself (or simply enjoy and listen to others as they share.).

## Questions?

A more detailed schedule is available at [www.jodikoza.com/events](http://www.jodikoza.com/events) or on the Hummingbird Circle Website or our Facebook Event page for "Because You Matter: A Celebration of Women's Voices"  
If you have any questions, hotel recommendations if coming from out of town, comments or concerns, don't hesitate to reach out!

# February 4-6 2022

**Registration Deadline February 3rd by 9pm**

**Venue Change** - Due to unforeseen circumstances, we have made the decision to change our venue to Courts of Praise Church 2333 Herman Avenue in Saskatoon, SK

**Registration/ Event Costs** - The newly revised registration fee covers retreat sessions, event incidentals, etc. A benefit in changing locations is being able to offer this retreat at a dramatically discounted rate to assure this event is accessible to more women.

**Registration Fee:** By donation (a suggested minimum donation is \$20 to cover basic retreat session expenses.)

**Meal costs:** Retreat participants will have a choice of meal options for the Saturday lunch, Saturday dinner and Sunday brunch. Menu choice will be at the sign in table prior to each session. (\$20 per meal) which includes delivery, meal and speciality drinks.



## Registration Details



Registration Deadline Thursday, February 3rd 9pm. You can register and confirm your attendance through one of three ways by giving your name, email and phone number:

RSVP at [info@hummingbirdcircle.com](mailto:info@hummingbirdcircle.com)

text Becky at (306) 850-1046

Or visit Hummingbird Circles Website

[www.hummingbirdcircle.com](http://www.hummingbirdcircle.com)