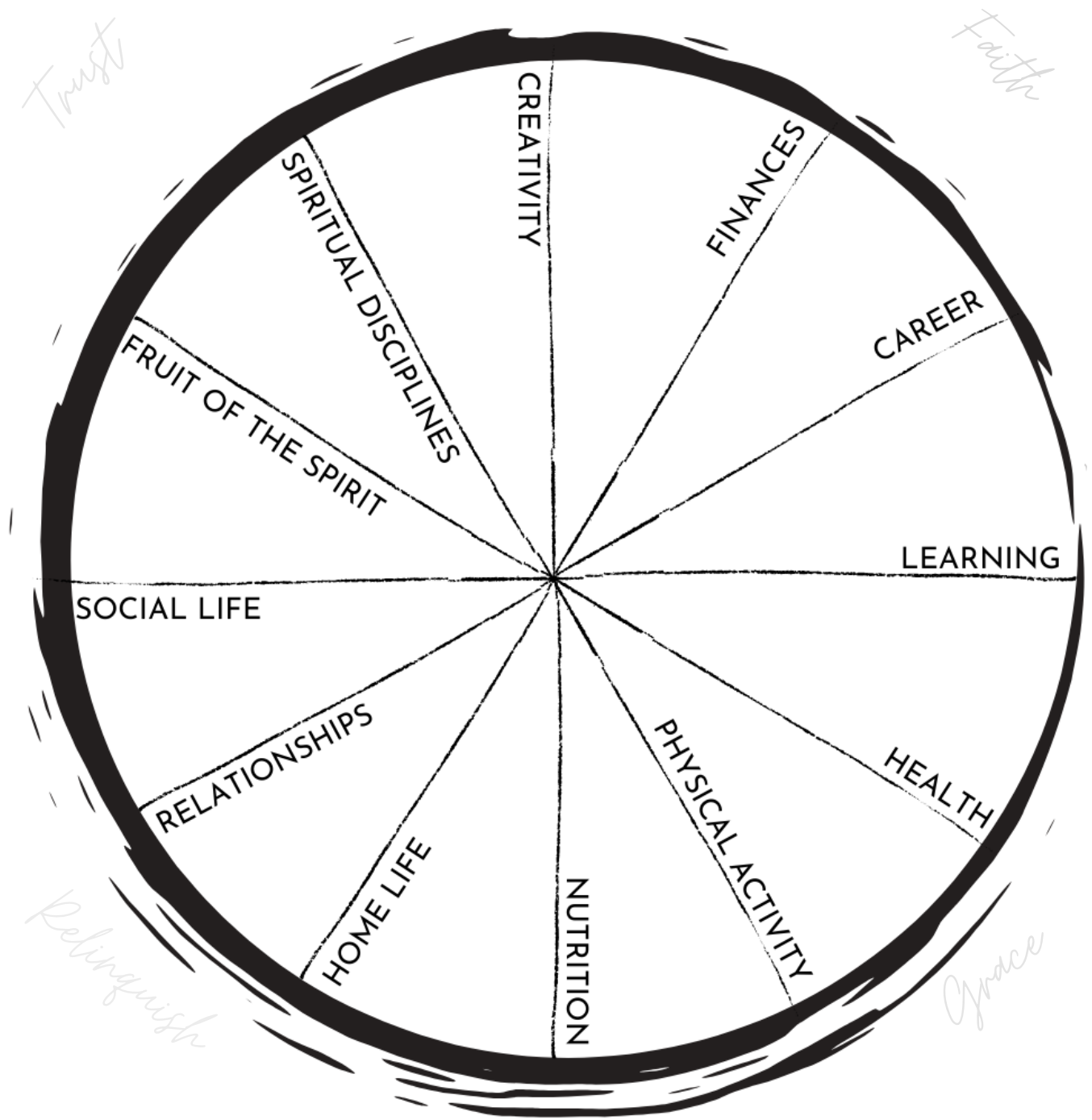


Holistic Restoration

"I've developed this wheel to help reflect, particulate and pray through where we are at on our Journey with the various aspect of our life. With coloured pencils, indicate the level of "Life to the Full" (John 10:10), or personal contentment you are experiencing in each area of your life (where applicable). i.e. inner ring indicates low fulfillment/ contentment and outer ring reflects a higher fulfillment/ contentment level in that area of your lifel.

Utilize this as a visual for you to give each area of your life to God, trusting in Jesus through the power of the Holy Spirit to bring restoration, healing or balance according to His will for you. **Your story involves all of you,** Spirit, Soul, Body (1 Thessalonians 5:23). Restoration is Loving God with your whole heart, mind, soul, strength and to love your neighbour as yourself. (Mark 12:29-31). Remember, there is beauty in brokenness when we trust Jesus to be our all on our journey to restoration." - Jodi Kozan



Jodi Kozan

